Tender Grips are a fixation device used to hold the nasal cannula tubing in place. Tender Grips are intended for use in the home, outpatient, extended care, transport and hospital environments. The intended population includes infants, pediatric and adult patients.

**Product Use**

1. Wash and dry the patient’s face prior to application.
2. To identify correct placement for Tender Grips, apply the nasal cannula first.
3. Open the package and remove the Tender Grips.
4. Fold back the Pull Tab.
5. Peel the Tender Grip off the paper holder.
6. Center the Tender Grip on the patient’s cheek underneath the cannula tubing with the Pull Tab pointing upward, then press down on the Adhesive Disk to stick to the face.
7. Using the pull tab, peel the fixation strap back until a resistance is felt. Position the cannula tubing in the center of the Tender Grip between the tan adhesive disk and the clear fixation strap.
8. Place the Fixation Strap over the cannula tubing.
9. Repeat steps 3-8 to attach the Tender Grip to the other cheek.
10. Replace Tender Grips when the edges start to lift off the skin, or sooner if needed.

(Continued on the next page.)
Note: Do you place Tender Grips over an open sore. Discontinue use if a sore develops underneath the Tender Grip.

Troubleshooting Guide

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<th>Problem</th>
<th>Possible Cause</th>
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| Skin rash/irritation under the Tender Grip | 1. Sensitivity/reaction to the adhesive.  
2. Tender Grip was left on too long. | 1. Sensitivity/reaction to adhesive.  
2. Monitor the skin’s integrity. If it looks red or irritated, remove Tender Grip. |
| Sores under the Tender Grip      | 1. Tender Grip left on too long. Pressure of tubing against skin. | 1. Monitor the skin’s integrity. If it looks red or irritated, remove Tender Grip. |
| Tender Grips will not stick to the skin | 1. The skin is wet or oily. | 1. Wash face and dry before applying Tender Grip. Do not use facial lotions or creams. |
| Adhesive pulls at skin when removing Tender Grip | 1. Adhesive on Tender Grip is too tacky/aggressive. | 1. Use a wet cloth with mild soap or mineral oil to slow peel back the adhesive disk. |

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